

## THE IMPORTANT ROLES OF THE SOUTHERN TIER AIDS PROGRAM

The Southern Tier AIDS Program' supportive services for those living with HIV/AIDS are critical to keeping folks healthy. Did you know that HIV+ persons with a low viral load cannot transmit HIV sexually? We help accomplish that. Prevention is more important than ever as we attempt to "reach the end of AIDS" here in New York State. Did you know that people can take a pill once a day to prevent HIV transmission if they believe that they are at risk? We help accomplish that. Our testing programs have expanded to include not just HIV, but Hepatitis C and sexually transmitted diseases. STDs are at a historic high nationwide and rising. We test people and get them into treatment.

Healthcare policy and practice is shifting to recognize the critical role that poverty, race, gender and sexual orientation play in health. This is nothing new to us. In fact, it is the reason this organization exists. AIDS was difficult to treat when it emerged, but it was not only the lack of medical technology that complicated its treatment. The medical system (and the larger culture) struggled with responding compassionately to those groups most heavily impacted by AIDS: gay men, injection drug users and communities of color. Stigma and discrimination resulted in poor quality of care and advocacy by those outside the systems of care was required to correct it.

**The increased use of opiates/heroin** and the concurrent increase in overdose deaths has laid bare the weak places in our systems of care for substance users. New approaches are required. Harm Reduction interventions such as syringe exchange, naloxone distribution, suboxone prescribing, onsite health care for drug users at syringe exchanges, drug testing and overdose prevention centers have helped to keep people alive, assist them with entering treatment and prevent communicable diseases. Notably, all of these approaches help people recover, preserve public dollars and can be found at STAP.

In the last decade STAP has quietly grown beyond its roots as an AIDS service organization. We now offer a food pantry, housing, care coordination, LGBT youth services, prison/jail reentry services, Hepatitis C services, STD testing, medical services and substance use treatment. Being HIV+ is not required to access any of these services.

The lessons that AIDS taught us have made us an invaluable public health tool and there will always be a need for that.

### STAP STATS IN NUMBERS

**Because of our prevention programs**, we have significantly decreased new HIV transmissions within our eight county region but AIDS is *still* an epidemic. New York State alone still has over 2000 new infections each year. There are over 1.1 million people that are HIV positive living in the USA. About 15 percent of them (1 in 7) are unaware they are infected. An estimated 38,700 Americans became newly infected with HIV in 2016.

STAP offers people who use substances, their families and concerned community members training and the medication Naloxone (Narcan) to prevent overdose deaths due to opiate or heroin use. Over 1,000 lives have been saved with the Naloxone kits distributed by STAP.

**The money raised via the AIDS Ride for Life** is critical, used to assist some of our programs when gaps in funding occur, client support - could be many things but mostly is used for emergency housing after exhausting other resources; emergency food; staff training - generally this is for trainings that are not contractually required, but would be of great value to the staff. In particular, trainings that are national conferences within areas of importance, as they are often held out of state and are harder to obtain approval for grant funds.

STAP services eight counties in Upstate New York and has 115 very busy staff members.

**To participate in the AIDS Ride For Life - [aidsrideforlife.org](http://aidsrideforlife.org)  
More about the Southern Tier AIDS Program - [stapinc.org](http://stapinc.org)**