

AIDS Ride for Life 2021

Covid Safety Sheet

In order to keep our Riders, Volunteers, and Staff safe, we've put together a short Covid safety sheet of what all Ride participants should expect on this year's Ride. The Southern Tier AIDS Program continues to follow CDC guidelines as they are put forward, please keep in mind that there may be new guidelines by the time Ride happens. The safety of all is our top priority!

Masking

Mask up when not on the road! Cloth masks will be available at every pitstop, Stewart Park, Cass Park, and most SAG vehicles. Regardless of vaccination status, masks are to be worn at the following locations:

- All pitstop tents where food and water is given out and/or where social distancing is not as easily achievable.
- Stewart Park Pavilion (inside) and at opening ceremony outside
- Cass Park Pavilion where food and t-shirts are located, in line for food trucks, and any other location where there is a lack of space for social distancing.
- SAG Vehicles; If a SAG volunteer picks you up in their car, please wear a mask inside their vehicle.

Where don't you have to wear a mask?

- While actively cycling on the route
- While eating or drinking (though please select a location at the pitstop to safely social distance)
- When outside in open air while maintaining 6 feet of distance away from others.

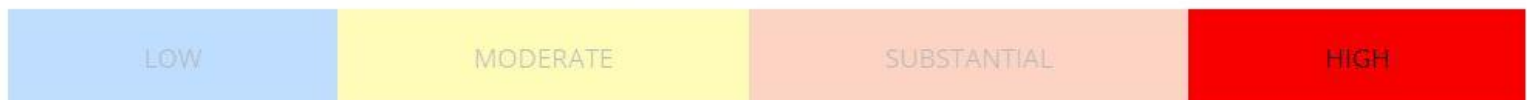
General Etiquette

- **Stay home if you aren't feeling well!** It might not be "just a cold".
- **Avoid handshakes and hugs.** Use sign language, wave, salute, elbow-bump, or thumbs up!
- **Ride or by yourself or with only a friend.** Avoid grouping & crowds.
- **Maintain 6 feet of distance from others on or off the road.**
- **Wash your hands** at every opportunity for at least 20 seconds. Purell will be available at every pitstop
- **Avoid touching your nose, mouth, and eyes.**
- **Avoid clearing your nose or spitting around others**
- **Dispose of used tissues, drink cups, and other personal items in the trash.**
- **Don't share water bottles, energy bars, gel packs, etc.**
- **Avoid group selfies** where everyone crowds into the picture.
- **Only touch food you intend to eat**

CDC Masking Guidelines: To maximize protection from the Delta variant and prevent possibly spreading it to others, vaccinated individuals should wear a mask indoors in public if you are in an area of substantial or high transmission.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

Level of Community Transmission in Tompkins County, New York



Map Data:

Time Period: Tue Aug 17 2021 - Mon Aug 23 2021

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