

**EMERGENCY: Call 911; ARFL Emergency Contact: 607 427-2693**

## 90 and 101-MILE RIDERS

### STEWART PARK TO TRELEAVEN/KING FERRY WINERY (18.4 miles)

- Exit Stewart Park; TURN LEFT (north) onto East Shore Drive
- TURN LEFT at the intersection with 34/34B, beside Rogue's Harbor Inn
- TURN LEFT at the bottom of the 1.6 mile hill onto Myers Road (barricades indicate the Rte 34B bridge is closed)
- TURN RIGHT at the stop sign - continuing on Myers Road
- TURN LEFT at the intersection with 34B
- TURN LEFT on to Center Street and follow this to the winery pit stop (on the right)

### KING FERRY TO FRONTENAC PARK (15.2 miles; total: 33.5 miles)

- TURN RIGHT back onto Center Street
- TURN RIGHT at the "T" then continue straight
- Bear LEFT at the intersection with Route 90N – use caution; follow this to Union Springs
- Turn LEFT onto Chapel Street; there is a church on your left at this turn
- Frontenac Park is at the bottom of the hill; the pit stop is to the left

### FRONTENAC PARK TO RTE 5/20 INTERSECTION (9.2 miles; total: 42.7 miles)

- Exit the park via Chapel Street; TURN LEFT back onto Route 90N
- Bear LEFT at the intersection with Route 90N – use caution; follow this to Union Springs
- Follow 90N about 9 miles to the intersection with Routes 5 & 20; stop at the light.

## 90 MILE RIDERS - Going directly to Seneca Falls

### RTE 5/20 INTERSECTION TO SENECA FALLS (7 miles; total: 49.7 miles)

- TURN LEFT onto Route 5/20 CAUTION: this is a heavy traffic road; wait for green light before turning
- Continue for 2 miles; go past the Route 89 intersection then BEAR RIGHT onto Route 318
- Go 1.3 miles and TURN LEFT onto Gravel Road (Rte 101); use caution
- Follow Gravel Road, which becomes Cayuga Street then merges onto Rte 5/20 in Seneca Falls
- Go straight through the traffic light in downtown Seneca Falls; cross over the Barge Canal
- TURN RIGHT onto Bayard Street
- TURN RIGHT at the traffic light onto Bridge Street; cross the canal
- The Community Center is on the left

## 101 MILE RIDERS - going to Verdi Pit Stop then Seneca Falls

### ROUTE 5/20 TO VERDI TO SENECA FALLS (4.6 + 13.3 miles; total: 60.6 miles)

- Proceed straight across the 5/20 intersection CAUTION: wait for the green light to cross.
- Continue on 90N as it parallels then curves to the left over the NY Thruway
- TURN LEFT onto Route 31; the Verdi Pit stop will be immediately on your right side (total mileage: 47 miles)
- Turn RIGHT out of the Verdi pit stop
- Go about 2 miles and bear LEFT onto Route 89 South
- After a mile, Route 89 turns to the left but you GO STRAIGHT onto Armitage Road (Rte 373)
- Cross the original Erie Canal on a metal bridge (slippery when wet)
- TURN LEFT onto Gravel Road (Rt. 101), which becomes Cayuga Street then merges onto Rte 5/20 in Seneca Falls
- Go straight through the traffic light in downtown Seneca Falls; cross over the Barge Canal
- TURN RIGHT onto Bayard Street
- TURN RIGHT at the traffic light onto Bridge Street; the Community Center is across the canal on the left

**TURN PAGE OVER FOR INSTRUCTIONS TO CASS PARK FINISH LINE**

## SENECA FALLS TO CASS PARK

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### NOTE OF CAUTION

Route 89 is heavily trafficked, including trucks.  
Pay careful attention to the shoulders for debris and erosions.

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### SENECA FALLS TO BOATHOUSE BEER GARDEN (15.3 miles)

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- Go back across the canal; TURN LEFT onto Bayard Street
- Follow this 1 block past the traffic lights (Jcn 414); TURN RIGHT onto Spring Street
- After 2 blocks TURN LEFT onto Garden Street
- TURN RIGHT at the "T" and follow Garden Street Extension to the junction with Route 89; TURN RIGHT (south)
- Continue for 12.5 miles to Boathouse Beer Garden at Traders' Village, on your right

### BOATHOUSE TO BELLWEATHER CIDER (11.5 miles)

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- Exit and continue south on Route 89
- Bellweather Hard Cider is 11.5 miles, on your right

### BELLWEATHER TO CASS PARK VIA BLACK DIAMOND TRAIL (13.7 miles)

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- Exit Bellweather and continue south on Route 89
- Proceed 3.5 miles, cross the bridge over Trumansburg Creek, TURN RIGHT onto Savorcool Road
- At the "T" TURN RIGHT onto Cayuga View Road; this is the last climb of the ride!
- At the "T" TURN LEFT onto Falls Road
- At the "T" TURN LEFT onto Taughannock Park Road; caution- watch for traffic
- Go past the road on your left that goes to the park
- Cross Taughannock Creek then TURN LEFT into the upper parking lot
- Follow the well-marked path that leads on the right to the entrance to the Black Diamond Trail
- The trail is 8.4 miles of packed crushed stone
- There are 8 partially gated intersections; these are low traffic roads, but USE CAUTION when crossing.
- Upon entering Cass Park, TURN LEFT to the finish line.

**CONGRATULATE YOURSELF!**

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## TOTAL DISTANCE YOU HAVE RIDDEN

Stewart Park	start	start			
King Ferry Wines	18.4	18.4			
Frontenac Park	33.6	33.6			
Verdi	47.3	↓			
Seneca Falls	60.6	49.7	start		
Boathouse	75.9	65	16.3	start	
Bellweather	87.3	76.5	27.7	11.4	start
Cass Park	<b>101</b>	<b>90.2</b>	<b>41.4</b>	<b>25.1</b>	<b>13.7</b>

